

2014

Community Conversations

Who should attend?

Anyone interested in health, health care and our community!

Community Health Endowment of Lincoln

250 N. 21st Street, Suite 2
Lincoln, NE 68503

402-436-5516

www.CHELincoln.org



Find us on Facebook

Sponsored by Community Health Endowment of Lincoln

a municipal endowment of the City of Lincoln

All events are free and open to the public. Registration is requested at www.chelincoln.org.

All events will be held at the **Community Health Endowment of Lincoln**, 250 N. 21st Street, Suite 2.

Community Conversations

My Story

My Story: I Came Home from War

July 8, 2014, 1 – 2:30 pm

It takes more than a yellow ribbon to support our troops. Local veterans will share stories of transitioning home from the combat zones of Operation Iraqi Freedom, Operation Enduring Freedom, and Operation New Dawn. Discussion will include veteran views on the challenges and successes of transition, reintegration, services, and resources. Physical and behavioral health challenges are significant and real for our returning service members after 12 years of sustained combat operations. Become educated and involved in community engagement for these men and women.

Presented in partnership with the Human Services Federation

SPEAKERS INCLUDE:

- Chris Stokes, Air Force veteran
- Ryan Kaufman, Army veteran
- Rick Carter, Army veteran

My Story: I am the Voice of Brain Injury

August 20, 2014, 10 – 11:30 a.m.

A traumatic brain injury changes everything for the person who is injured and those around them. Local individuals will share their stories of life after brain injury, either as someone who was injured or as a caregiver. Hear about their personal struggles and successes, and their impression of available services and resource gaps in Lincoln and the state. Be inspired and learn more about this important topic affecting more than 36,000 Nebraskans.

Presented in partnership with the Brain Injury Association of Nebraska (BIA-NE)

SPEAKERS INCLUDE:

- Micah Fulmer, college student and survivor of a car crash
- Tiffany and Brandon Verzal, parents of Alexis who was shaken as a toddler
- Gina Simanek, Mental Health Counselor and BIA-NE Ombudsperson

My Story: I Graduated from Drug Court

September 25, 2014, 1 – 2:30 pm

Drug Court offers help, hope and an option to jail time to people facing a felony charge for a drug-related offense. Graduates will share their life experiences before, during and after this intense 18-24 month program. This "problem solving court" uses substance abuse treatment, mental health intervention, supportive services and personal accountability to create positive outcomes for participants, their family and friends and the community. Drug Court team members will give insights into the process and discuss the program's proven success at reducing recidivism.

Presented in partnership with Lancaster County

SPEAKERS INCLUDE:

- Hon. Karen Flowers, Drug Court Founding Judge, retired
- Jenni Hoemann, 2010 Drug Court Graduate
- Zack Sterns, 2009 Drug Court Graduate

My Story: I Am a Cancer Survivor

October 16, 2014, 12:00-1:30 pm

The word no one wants to hear from their doctor. Cancer. Pain, uncertainty, physical and emotional hardship – it's different for every patient who faces this journey. Individuals who have survived cancer – including a person of color and a young person – share their unique perspectives during this conversation. Survivors will be joined by a physician to share his viewpoint. From diagnosis to recovery, there is much we can learn by looking through the eyes of the survivor. How does being a person of color affect the cancer experience? How does getting the diagnosis at a young age influence life decisions? Hear and learn from the cancer survivor's experience.

Presented in partnership with the Malone Community Center

SPEAKERS INCLUDE:

- Larry Williams, Executive Director, Malone Center and cancer survivor
- Derrick Anderson, MD
- Local cancer survivors

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